

Patterson Pool and Water Exercise Schedule

DAYS & TIMES	SUN	MON	TUES	WED	THURS	FRI	SAT
6-7AM	CLOSED	LAP SWIM/ INDIVIDUAL EXERCISE	LAP SWIM/ INDIVIDUAL EXERCISE	LAP SWIM/ INDIVIDUAL EXERCISE	LAP SWIM/ INDIVIDUAL EXERCISE	LAP SWIM/ INDIVIDUAL EXERCISE	CLOSED
7-8PM	CLOSED	LAP SWIM/ INDIVIDUAL EXERCISE	LAP SWIM/ INDIVIDUAL EXERCISE	LAP SWIM/ INDIVIDUAL EXERCISE	LAP SWIM/ INDIVIDUAL EXERCISE	LAP SWIM/ INDIVIDUAL EXERCISE	CLOSED
8-9AM	CLOSED	ANCHORED DOWN AQUA	ANCHORED DOWN AQUA	ANCHORED DOWN AQUA	ANCHORED DOWN AQUA	ANCHORED DOWN AQUA	LAP SWIM/ SWIM LESSONS
9-10AM	CLOSED	SQUEAKS N' CREAKS	SQUEAKS N' CREAKS	SQUEAKS N' CREAKS	SQUEAKS N' CREAKS	SQUEAKS N' CREAKS	LAP SWIM/ SWIM LESSONS
10-11AM	CLOSED	LAP SWIM/ REC POOL PLAY	LAP SWIM/ REC POOL PLAY	LAP SWIM/ REC POOL PLAY	LAP SWIM/ REC POOL PLAY	LAP SWIM/ REC POOL PLAY	LAP SWIM/ SWIM LESSONS
11AM-12PM	CLOSED	LAP SWIM/ REC POOL PLAY	LAP SWIM/ REC POOL PLAY	LAP SWIM/ REC POOL PLAY	LAP SWIM/ REC POOL PLAY	LAP SWIM/ REC POOL PLAY	LAP SWIM/ SWIM LESSONS
12-1PM	CLOSED	LAP SWIM/ REC POOL PLAY	LAP SWIM/ REC POOL PLAY	LAP SWIM/ REC POOL PLAY	LAP SWIM/ REC POOL PLAY	LAP SWIM/ REC POOL PLAY	AVAILABLE FOR POOL RENTALS
1-2PM	OPEN SWIM	CLOSED AT 12:45PM	CLOSED AT 12:45PM	CLOSED AT 12:45PM	CLOSED AT 12:45PM	CLOSED AT 12:45PM	OPEN SWIM
2-3PM	OPEN SWIM	LAP SWIM/ REC POOL PLAY	LAP SWIM/ REC POOL PLAY	LAP SWIM/ REC POOL PLAY	LAP SWIM/ REC POOL PLAY	LAP SWIM/ REC POOL PLAY	OPEN SWIM
3-4PM	OPEN SWIM	LAP SWIM/ REC POOL PLAY	LAP SWIM/ REC POOL PLAY	LAP SWIM/ REC POOL PLAY	LAP SWIM/ REC POOL PLAY	LAP SWIM/ REC POOL PLAY	OPEN SWIM
4-5PM	OPEN SWIM- CLOSES AT 4:30PM	LAP SWIM/ REC POOL PLAY * 25 MAX/ SWIM LESSONS	LAP SWIM/ REC POOL PLAY * 25 MAX/ SWIM LESSONS	LAP SWIM/ REC POOL PLAY * 25 MAX/ SWIM LESSONS	LAP SWIM/ REC POOL PLAY * 25 MAX/ SWIM LESSONS	LAP SWIM/ REC POOL PLAY * 25 MAX/ SWIM LESSONS	OPEN SWIM- CLOSES AT 4:30PM
5-6PM	AVAILABLE FOR PARTY RENTALS	LAP SWIM/ REC POOL PLAY * 25 MAX/ SWIM LESSONS	LAP SWIM/ REC POOL PLAY * 25 MAX/ SWIM LESSONS	LAP SWIM/ REC POOL PLAY * 25 MAX/ SWIM LESSONS	LAP SWIM/ REC POOL PLAY * 25 MAX/ SWIM LESSONS	LAP SWIM/ REC POOL PLAY * 25 MAX/ SWIM LESSONS	AVAILABLE FOR PARTY RENTALS
6-7PM	AVAILABLE FOR PARTY RENTALS	LAP SWIM/ REC POOL PLAY * 25 MAX/ SWIM LESSONS	LAP SWIM/ REC POOL PLAY * 25 MAX/ SWIM LESSONS	LAP SWIM/ REC POOL PLAY * 25 MAX/ SWIM LESSONS	LAP SWIM/ REC POOL PLAY * 25 MAX/ SWIM LESSONS	LAP SWIM/ REC POOL PLAY * 25 MAX/ SWIM LESSONS	AVAILABLE FOR PARTY RENTALS
7-8PM	CLOSED	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM	CLOSED
8-8:45PM	CLOSED	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM	CLOSED

*25 swimmers maximum in Rec Pool area during these hours to accommodate swim lessons.

Pool Activity Descriptions

Rec Pool Play

The water slide and water playground are open swim. The lap lanes are reserved for lap swimming, individual exercise and/or swim lessons.

Open Swim

The entire pool (water slide, water playground and lap lanes) is open for play.

Anchored Down Aqua – Mon-Fri, 8-9am

This class targets everyone with an action-packed workout for the abdominal and gluteal areas. Progressive water exercise are programmed to strengthen, define, and tone!

Squeaks N' Creaks – Mon-Fri, 9-10am

This class will focus on the older adult or the individual with joint disease or fibromyalgia. Toning and stretching, balance and core strengthening with slight aerobic emphasis. A must for the beginner or one headed back to fitness.